



Triathlon Australia Coach's Code of Ethics

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| <p>1. Respect the rights, dignity and worth of every human being</p> | <ul style="list-style-type: none">• Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion |
| <p>2. Ensure the athlete's time spent with you is a positive experience</p> | <ul style="list-style-type: none">• All athletes are deserving of equal attention and opportunities |
| <p>3. Treat each athlete as an individual</p> | <ul style="list-style-type: none">• Respect the talent, developmental stage and goals of each athlete• Help each athlete reach their full potential |
| <p>4. Be fair, considerate and honest with athletes</p> | |
| <p>5. Be professional and accept responsibility for your actions</p> | <ul style="list-style-type: none">• Display high standards in your language, manner, punctuality, preparation and presentation• Display control, respect, dignity and professionalism to all involved with the sport - this includes opponents, coaches, officials, administrators, the media, parents and spectators• Encourage your athletes to demonstrate the same qualities |
| <p>6. Make a commitment to providing a quality service to your athletes</p> | <ul style="list-style-type: none">• Maintain or improve your current NCAS accreditation• Seek continual improvement through performance appraisal and ongoing coach education• Provide a training program which is planned and sequential• Maintain appropriate records |
| <p>7. Operate within the rules and spirit of your sport</p> | <ul style="list-style-type: none">• The guidelines of national and international bodies governing your sport should be followed. Please contact your sport for a copy of its rule book, constitution, by-laws, relevant policies, eg. anti-doping policy, selection procedures, etc.• Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA) |
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<p>8. Any physical contact with athletes should be:</p> <ul style="list-style-type: none"> • appropriate to the situation • necessary for the athlete's skill development* 	
<p>9. Refrain from any form of personal abuse towards your athletes*</p>	<ul style="list-style-type: none"> • This includes verbal, physical and emotional abuse • Be alert to any forms of abuse directed toward your athletes from other sources while they are in your care
<p>10. Refrain from any form of harassment towards your athletes*</p>	<ul style="list-style-type: none"> • This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability • You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal
<p>11. Provide a safe environment for training and competition</p>	<ul style="list-style-type: none"> • Ensure equipment and facilities meet safety standards • Ensure equipment, rules, training and the environment are appropriate for the age and ability of the athletes
<p>12. Show concern and caution toward sick and injured athletes</p>	<ul style="list-style-type: none"> • Provide a modified training program where appropriate • Allow further participation in training and competition only when appropriate • Encourage athletes to seek medical advice when required • Maintain the same interest and support toward sick and injured athletes
<p>13. Be a positive role model for your sport and athletes</p>	

* Please refer to the Harassment-free Sport guidelines available from the Australian Sports Commission for more information on harassment issues

Coaches should...

- be treated with respect and openness
- have access to self-improvement opportunities
- be matched with a level of coaching appropriate to their level of competence

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