



## TUE – RTP AND DTP ATHLETES

### OVERVIEW

At times, athletes in ASADA's Registered Testing Pool (RTP) or Domestic Testing Pool (DTP) require medical treatment for illness, disease or injury. In some cases these can only be treated by substances or methods that would otherwise be prohibited for use in sport. A Therapeutic Use Exemption (TUE) grants an athlete permission to use for therapeutic purposes a substance or method that would otherwise be prohibited.

### ATHLETES THIS FACT SHEET APPLIES TO

This fact sheet applies to:

- > athletes in ASADA's RTP or DTP, who are not included in their respective International Federation's (IF) RTP; and
- > athletes who compete in national championships or competitions within Australia.

### INTERNATIONAL FEDERATION REGISTERED TESTING POOL

Athletes in an IF RTP are required to submit Athlete Whereabouts information directly to their IF. If an athlete is unsure whether if they are included in their IF's RTP they should contact their National Sporting Organisation or IF.

### THERAPEUTIC USE EXEMPTIONS

A TUE grants an athlete permission to use for therapeutic purposes a substance or method that would otherwise be prohibited.

### THERAPEUTIC USE EXEMPTION COMMITTEES

A TUEC is the panel established by the relevant Anti-Doping Organisation. The Australian Sports Drug Medical Advisory Committee (ASDMAC) is Australia's TUEC.

### CRITERIA FOR GRANTING A TUE

- > The athlete would experience a significant impairment to their health without the use of the prohibited substance or method.
- > The therapeutic use of the prohibited substance or prohibited method would produce no additional enhancement of performance.
- > There is no reasonable therapeutic alternative to the use of the otherwise prohibited substance or prohibited method.
- > The necessity for the use of the otherwise prohibited substance or prohibited method cannot be a consequence, wholly or in part, of prior non-therapeutic use of any substance from the World Anti-Doping Code Prohibited List.

### COMPLETING THE TUE APPLICATION FORM

Download the TUE application form from the ASDMAC website [www.asdmac.gov.au](http://www.asdmac.gov.au). The athlete must complete the TUE application form with their doctor and attach all supporting clinical evidence. Incomplete applications cannot be considered.

### SUBMITTING THE TUE APPLICATION FORM

Athletes covered by this fact sheet, other than those competing in international events, must submit their TUE applications to ASDMAC. Athletes competing in international events should refer to the section on the next page, International TUEs.



## SUBMITTING THE TUE APPLICATION FORM CONT.

Submit the complete signed application form, together with all supporting clinical evidence, to ASDMAC: PO Box 345, Curtin ACT 2605; or email [asdmac@asada.gov.au](mailto:asdmac@asada.gov.au); or Fax +61 (0)2 6222 4262.

## WAITING FOR APPROVAL

Athletes must wait for written confirmation from the relevant TUEC of their TUE approval before they begin using any prohibited substance or method.

## ADDITIONAL INVESTIGATIONS, EXAMINATIONS OR IMAGING STUDIES

Any additional relevant investigations, examinations or imaging studies requested by the relevant TUEC before approval will be undertaken, will be at the expense of the applicant or their sport governing body.

## INHALED BETA-2 AGONISTS (ASTHMA)

Athletes covered under this fact sheet requiring inhaled beta-2 agonists for the treatment of asthma and its clinical variants where possible, must have TUE approval before they begin using inhaled beta-2 agonists.

## GLUCOCORTICOSTEROIDS

All glucocorticosteroids are prohibited when administered by oral, intravenous, intramuscular or rectal routes and are subject to the TUE Application process.

In accordance with the International Standard for Therapeutic Use Exemptions (ISTUE), only a declaration of use must be completed by Athletes on the Doping Control Form for glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes, except as noted below. Topical preparations when used for auricular, buccal, dermatological (including iontophoresis/phonophoresis), gingival, nasal, ophthalmic and perianal disorders are not prohibited and neither require a TUE nor a declaration of use.

## EMERGENCY TREATMENT

The health of athletes is of utmost importance. If an athlete requires emergency treatment or treatment of an acute medical condition a retroactive TUE may be considered.

## INTERNATIONAL TUES

Athletes competing at an international level event within or outside of Australia must obtain International TUE from the relevant TUEC. Athletes should contact the relevant IF to ensure they follow correct TUE procedures.

TUE Applications should be submitted to the relevant organisation at least 21 days prior to the event taking place.

## ABBREVIATED TUES

Abbreviated TUEs delivered prior to 31 December 2008, will remain governed by the 2005 ISTUE.

All abbreviated TUEs delivered prior to 31 December 2008 will remain valid after 1 January 2009 until the earliest of:

- > the date on which they are cancelled by the competent TUEC following review in accordance with art. 8.6 of the 2005 TUE Standard
- > their expiry date as mentioned on the abbreviated TUE
- > 31 December 2009.

When the abbreviated TUE is no longer valid, the athlete must comply with the revised TUE process.



## WORLD ANTI-DOPING AGENCY TUEC REVIEWS AND APPEALS

The WADA TUEC is established to review on its own initiative TUE decisions granted by anti-doping organisations. The WADA TUEC, upon request by Athletes who have been denied TUEs by an anti-doping organisation, will review such decisions with the power to reverse them.

## MORE ANTI-DOPING INFORMATION

Athletes in an IF's RTP should visit their IF's website or contact their IF for more information about TUEs

ASADA website	<a href="http://www.asada.gov.au">www.asada.gov.au</a>
Telephone	13 000 ASADA (13 000 27232)
Facsimile	+61 (0)2 6222 4201
Email	<a href="mailto:asada@asada.gov.au">asada@asada.gov.au</a>
ASDMAC website	<a href="http://www.asdmac.gov.au">www.asdmac.gov.au</a>
WADA website	<a href="http://www.wada-ama.org/en/">www.wada-ama.org/en/</a>