



## **TA STANDARD EVENT / TEAM REPRESENTATION CONTINUING FORM, FITNESS AND MEDICAL ASSESSMENT OBLIGATIONS**

This document sets out the obligations of every athlete selected by the TAESC to represent TA at an Event or as part of a Team. Failure to comply with the obligations set out below may result in the athlete being withdrawn from the Event or the Team at the discretion of the TA National Performance Director (**NPD**).

### **Obligations**

1. On request from the NPD provide the name and contact details of all relevant health care professionals (general practitioner, sports medical practitioner and physiotherapist) and personal coach.
2. To maintain the level of fitness that will enable the athlete to compete in the Event or Team to the standard at which he/she was selected.
3. Immediately inform the NPD of any illness or injury that could reasonably impact on the athlete's ability to perform at the level expected in an Event.
4. On request from the NPD or his nominee, give permission to any one of the athlete's nominated health care professionals to discuss and/or disclose confidential information to the NPD or his nominee in relation to their health or injury status as relevant to their performance in any Event.
5. At **any time** following selection for an Event or in a Team an athlete may be required to attend for a medical examination at the discretion of the NPD. This medical examination will be at a place and time to be determined by the NPD or his nominee taking into consideration the athlete's training, travel and competition plans.
6. If after any medical examination the NPD (or his nominee) considers that an athlete may be injured or ill as defined in this document that athlete may be required to undertake an illness/injury assessment at any time prior to an Event. The illness/injury assessment may include a fitness or physical trial to be determined by the NPD in consultation with the TA Medical Director.

7. If at any time prior to departure for an Event any athlete is assessed as injured, ill or unfit as set out in this document the athlete may be withdrawn from the Event or Team at the discretion of the NPD.
8. An athlete will only be assessed as "injured or ill" if in the opinion of the TA Medical Director or his/her nominee, the athlete is injured or ill to such an extent that either of the following situations exist:
  - the athlete will not be capable of performing in the Event to a level at which the athlete would be expected to perform if not affected by the illness or injury in question;
  - by competing with the injury at the Event the athlete may suffer significant short or long term medical complications.
9. An athlete will only be assessed as unfit for an Event if in the reasonably held opinion of the NPD, the athlete's overall physical condition is such that the athlete is not capable of performing to the level at which the athlete qualified for, or was selected in an Event or a Team.
10. There is no right of appeal against any decision made by the NPD or the TA Medical Director under the terms of this document

2 December 2009